

Suggestion of how to measure

UNISEX	Width in cm	Width in inches	Length in cm	Length in inches
S	18.4 - 19.7	7.25 - 7.75	17.2 - 18.4	6.75 - 7.25
M	19.7 - 20.96	7.75 - 8.25	18.4 - 19.7	7.25 - 7.75
L	20.96 - 22.3	8.25 - 8.75	19.7 - 20.96	7.75 - 8.25
XL	22.3 - 23.5	8.75 - 9.25	20.96 - 22.3	8.25 - 8.75

